

# Breathing Underwater

PLUTO  
FILM

“ When Emma leaves her picture-perfect life for a women’s shelter, her unlikely friendship with a ragtag group of women pushes them all into a fight to take back their power. ”

## Synopsis

Emma is whisked away in the dead of night, covered in bruises, and unexpectedly pregnant. Finding a new home in a women’s shelter, she rediscovers lost facets of herself. Among the women and children living in the shelter, individual traumas intertwine. Despite their differences, a delicate sisterhood emerges. Emotionally raw, empathetic, and intensely honest, this deeply moving and ultimately cathartic drama is a display of women’s strength.

## Credits

**Director:** Eric Lamhène / **Genre:** Drama / **Tags:** Women’s Shelter, Sisterhood, Healing, Hope / **Original title:** Hors d’haleine / **English title:** Breathing Underwater / **Country of production:** Luxembourg, Belgium / **Year of production:** 2024 / **Length:** 101 min / **Color:** Color / **Shooting format:** 4K / **Screening format:** DCP 2K / **Original language:** French, Luxembourgish, Spanish, Italian / **Subtitles:** English / **Cast:** Carla Juri, Véronique Tshanda Beya, Esperanza Martin González-Quevedo, Alessia Raschella, Sascha Ley / **Scriptwriter:** Rae Lyn Lee, Eric Lamhène / **Director of photography:** Rae Lyn Lee / **Production designer:** Julieta Fernandez / **Editor:** Jean-Luc Simon / **Sound design:** Lise Bouchez / **Sound mixing:** Jean-Stéphane Garbe / **Producers:** Claude Waringo / **Co-producers:** Patrick Quinet / **Production company:** Samsa Film / **Co-production company:** Artémis Productions / **Supported by:** Film Fund Luxembourg, Belgian Tax-Shelter

## Festivals / Awards

Warsaw International Film Festival, Poland - **World Premiere**

**More information online:** <http://www.plutofilm.de/films/breathing-underwater/0090>

## Contact

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